



Quarterly Newsletter

District 5340 - Sponsored by San Diego Rotary Club 33 and Mission Valley Sunset Rotary Club



A Message from our Vice President ...

Since the start of 2017 our members have participated in great service events that have not only benefited the community of City Heights, but the San Diego community. One of the

highlights in February was when we created Valentine's Day cards for 3rd grade students at the Monarch School. It was such a special event to take part in because we brought joy to these students who might not have received something otherwise. It filled our hearts knowing that these kids will be filled with joy.

February also marked World Understanding Month where our Peace Committee presented our very first Peacemaker Award to Maria Cortez, a long time City Heights community member who

promotes tolerance, understanding, and peace. She is a strong individual who has given tremendous time to efforts in the community. We hope to continue to present this award for years to come.

As the months pass by we continue to service those that need it while making sure that we are having fun. I look forward to ending the Rotary year by attending the Rotary International Convention in Atlanta, GA in June with as many of my fellow Rotaractors! It would be awesome to have as many of our members attend to experience Rotary first hand and be able to see the impact this organization has all over the world.

I hope that we all meet other Rotaractors (and Rotarians) from other parts of the world and that we build long lasting friendships.

- Lizbeth Pastenes

January

January kicked off the second half the second half of the Rotaract year! Having Rotary District 5340 Governor Marilyn Sanderson speak at our business meeting and joining Mission Valley Sunset Rotary Club for their Host Hospitality Night were just a few highlights for the month.



Rotaractor of the Month - Brenda Miguel, Club Member

Brenda is someone that truly exemplifies that when you put your heart, mind and hard work into something, anything is possible! Despite her busy schedule she always finds time to give back to her community and build strong fellowship with other Rotaractors.

Happy Birthday!



Belgica Crespo
January 8th



Lizbeth Pastenes
January 27th



Jocelyn Solis
January 29th

District 5340 Governor Marilyn Sanderson sharing her first experience with Rotary, the opportunities she has had and what she hopes to accomplish during her term.



(Above) New members had the opportunity to be officially pinned as Rotaractors by Marilyn Sanderson and our president Sesy Enriquez! Welcome to the City Heights Rotaract Club!



The City Heights Rotaractors were excited to have District 5340 Governor Marilyn Sanderson join them for a business meeting! Marilyn, thank you for all that you do for our Rotary and Rotaract District, we are lucky to have you!

February

The month of love brought the City Heights Rotaractors together for club and district wide events, as well as to celebrate and promote peace! The month kickstarted with making Valentine's Day for children at the Monarch School, having our first ever Professional Development "Office Hours" and ending with a member favorite event, UCSD Rotaract's 3rd Annual WAPI Project!



Rotaractor of the Month - Caroll Vongsouthi, International Service Chair

Caroll has been a leading example of how someone's vision can become a reality. She has worked hard to lead a successful peace committee. Her passion for her community and club is inspiring. Thank you for your hard work dedication and City Heights Rotaract.

Happy Birthday!



Genesis Maganda
February 4th



Tasha Griffiths
February 14th



Karen Sanchez
February 14th



CHR awarded its first ever Peacemaker of the Year award! This award recognizes an individual's work and efforts to bring peace to City Heights! Congratulations Maria Cortez!



Members from our sponsoring club, Mission Valley Sunset Rotary Club, joined us and helped create Valentine's Day cards for some of the children at the Monarch School.



A few of our members were able to attend UCSD Rotaract's 3rd Annual WAPI Project. Alongside 200+ volunteers, 1491 WAPI's were made in a few hours! This just goes to show how much can be accomplished when District 5340 comes together!

(Below) One of many Water Pasteurization Indicators (WAPI's) made at the district wide event! A WAPI is a simple thermometer that indicates when water has reached pasteurization temperature and is safe to drink. All of the devices made will be sent out to the Kakuma refugee camp in Kenya!



March

March was an important month for our Rotaractors as World Rotaract Week was celebrated. It was a time to look back on the accomplishments of the year and how much more there is to be done. Most importantly, why we choose to be Rotaractors!



Rotaractor of the Month - Jocelyn Solis, Social Media Chair

Jocelyn has been amazing at making sure that everyone keeps up with all the exciting projects and events our club is partaking in via social media. Through her hard work we have been able to reach many of you! Thank you for all that you do. Congratulations!

Happy Birthday!



Rodrigo Carbajal
March 7th



Linh Le
March 11th



Adrian Alvarez
March 17th



Adrian Figueroa
March 17th



Rotaractors know how to work together! For our monthly social, CHR headed to Escape Game SD to attempt to get out of a room in less than an hour. They did it in 39 minutes!



(Above) Member Cindy, who is part of the service committee, gets to see first hand what its like to put together and execute service events.



Great job on the garden beautification, Rotaractors!



World Rotaract Week

March 13-19th, 2017, Celebrating 49 years of Rotaract!

During World Rotaract Week the City Heights Rotaractors took some time to express what Rotaract means to them, why they choose to be Rotaractors and what some of their favorite service events are! We hope you took some time to celebrate your Rotaract club and all the great things Rotaract does in your local community and across the globe!



Rotaract means family, friendship, love and peace.
- Micheli Ortega



My favorite service event is Tijuana House Building.
- Rudy Vargas



Rotaract is family!
- Linh Le



My favorite service event is building homes in Tijuana with Project Mercy.
- Belgica Crespo



Rotaract is a way to make positive changes in our community!
- Stephanie Perez



I am a Rotaractor to be able to be involved.
-Kevin Tran-Le

Rotaract means young people having fun and making a difference in the community together!
- Marge Cole



I am a rotaractor because I want to make a difference in my community and develop fellowship among my peers.
- Elena Magaña

I am a rotaractor because I want to become more involved in the community and make a difference.
- Adrian Figueroa



Rotaract means fellowship. It's coming together with others to make our community the best it can be. #serviceaboveself
- Jocelyn Solis

Rotaract means having a small idea and leading it with compassion to make a huge impact in the lives of others in and outside of our community.
- Caroll Vongsouthi



My favorite service event was City Heights FaceLift! It was so much fun meeting other caring community members as we poured our hearts and sweat into beautifying the homes of people in need within our community.
- Sonya Vargas

If you would like to join us at our monthly meetings, participate in our events or would like more information about our club, please email us at chrotaractclub@gmail.com or check out our website cityheightsrotaract.org. Make sure to like us on Facebook to keep up with City Heights Rotaract Club!